

## [Park at Flat Rock](#)

Distance – 1.9 miles loop

Total Elevation Gain – This is a flat walk.

### Driving Directions from Fresh Market (6 miles):

Drive south on Spartanburg Hwy. to Upward Road intersection. Turn right at the light and drive about 0.4 mile. [The parking lot is on the right.](#)

### Driving Directions from Brevard (44 miles):

Meet at [NE corner of the Ingles parking lot](#), near the EMS building. Take Old 64 (Old Hendersonville Hwy) through Pisgah Forest. Turn right onto Everett Road and right again at Crab Creek Road. Turn right on Little River Road. Turn left at the intersection with Hwy 225. Turn right on N. Highland Lake Road and drive about 0.8 miles. [The parking lot is on the left.](#)

