

## Graybeard Mountain to Glassmine Falls

Distance – 2.9 miles

Total Elevation Gain – 576 feet (Much of this walk is downhill but there is a net uphill elevation gain)

Driving Directions from the Folk Art Center (Milepost 382):

Drive north on the Blue Ridge Parkway 18.6 miles to the [Graybeard Mountain Overlook](#) on the right side of the Parkway.

