Frying Pan Gap Trail

Field Trip Distance – 1.3 miles (Shuttle)

Total Elevation Gain – 354 feet (This is a strenuous trail with an incline of 12%)

Driving Directions from the Pisgah Ranger Station (32 miles):

Take Hwy 276 N to the Blue Ridge Parkway. Go North on the parkway to Frying Pan Gap and park near the gate (Milepost 408.5). After dropping passengers, cars will be shuttled to the Pisgah Inn (Milepost 408).