

Frying Pan Gap Trail

Field Trip Distance – 1.3 miles (Shuttle)

Total Elevation Gain – 354 feet (This is a strenuous trail with an incline of 12%)

Driving Directions from the [Pisgah Ranger Station](#) (32 miles):

Take Hwy 276 N to the Blue Ridge Parkway. Go North on the parkway to [Frying Pan Gap](#) and park near the gate (Milepost 408.5). After dropping passengers, cars will be shuttled to the [Pisgah Inn](#) (Milepost 408).

