**Ferrin Knob**

Field Trip Distance – 3.2 miles

Total Elevation Gain – 445 feet

Driving Directions from former Mills River Food Lion (32 miles):

Take Hwy 280 to Hwy 191. Turn left on Hwy 191. Drive to the entrance to the Blue Ridge Parkway near the NC Arboretum. Proceed South on the Parkway to Bent Creek Gap where you will see a dirt road on the left. Take the dirt road and go under the Parkway to the trailhead on the left.