

Ferrin Knob

Field Trip Distance – 3.2 miles

Total Elevation Gain – 445 feet

Driving Directions from former Mills River Food Lion (32 miles):

Take Hwy 280 to Hwy 191. Turn left on Hwy 191. Drive to the entrance to the Blue Ridge Parkway near the NC Arboretum. Proceed South on the Parkway to [Bent Creek Gap](#) where you will see a dirt road on the left. Take the dirt road and go under the Parkway to the trailhead on the left.

